



FIRST WAVE!

Big Island Seared Ahi Poke Wrap

**Seared Ahi Marinated in Soy Sauce and
A little "limu" (Seaweed), in a Tomato Tortilla
with Lettuce, Tomato, Avocado, Sprouts, Carrots and
Wasabi Mayonnaise**

16.50

Sliced Fresh Fruit Platter

**Cantaloupe, Honeydew, Banana,
Strawberries and Pineapple
Served with Banana Bread and your Choice of
Cottage Cheese or Guava Sorbet**

13.50

WADING IN!

Summer Salad

**Crispy Romaine Lettuce, Tomato, Cucumber,
Olives and Pesto Mozzarella Cheese, Herb Vinaigrette**

11.50

Caesar Salad with Garlic Croûtons

10.00

with Marinated Grilled Chicken Breast

15.00

Cobb Salad

**Diced Grilled Chicken Breast, Avocado, Bacon,
Blue Cheese, Sprouts, Tomato and Chopped Egg
on a Bed of Crispy Lettuce, Choice of Dressing**

15.25



SURFIN' SANDWICHES

*ALL SANDWICHES ARE SERVED WITH BIG ISLAND
POTATO CHIPS OR FRESH FRUIT*

Tuna Sandwich on Rye Bread
with Lettuce and Tomato
12.00

Club Sandwich
Mauna Kea's own Triple Decker with Bacon,
Fresh Turkey, Avocado, Tomato and Lettuce
on white toast
14.00

Grilled Cheese on Whole Wheat
9.00
with Ham
11.00

Bacon, Lettuce and Tomato Sandwich
on Toasted White Bread
11.50

Turkey Sandwich
Breast of Turkey on Toasted Whole Wheat Bread
with Lettuce and Tomato
12.50

Grilled Marinated Vegetables
Yellow Squash, Zucchini, Bell Peppers and Onions
with Teriyaki Tofu
on Multi-Grain Bread with Sprouts
12.00



Peanut Butter and Jelly Sandwich

7.75

Grilled All-Beef Hot Dog

8.75

with Chili and Cheddar Cheese

10.50



SAND CASTLE DESSERTS

**Mauna Kea Designer Brownie
with Vanilla Ice Cream
7.25**

**Giant Chocolate Chip Cookies
5.00**

**Selection of Ice Creams
and Sorbets
5.50**

BEVERAGES

**Ovaltine Froth
Malty Ovaltine shake topped with Ovaltine Powder
6.50**

**Milk Shakes
Chocolate, Vanilla, Strawberry,
Macadamia Nut or Kona Coffee
6.00**

**Fruit Smoothies 5.50 / Slushes 5..00
Strawberry, Banana, Mango, Passion Fruit, Pineapple,
Coconut, and Guava**

**Unsweetened Iced Tea
3.75**

**Mango Iced Tea
3.75**

Arnie's Iced Tea

Trent Jones Iced Tea



(Lemonade)
3.75

(Pineapple)
3.75

Soft Drinks
5.00



MAUNA KEA SPECIALTY DRINKS

\$9.75

**FREDRICO . . . A tasty blend of light rum,
Jack Daniels and fruit punch**

**MAI TAI . . . Light and dark rum
with our special blend of fruit juices**

**ELENIKI'S INU . . . Blue curaco, pineapple juice
and coconut syrup make this a cool and blue special**

**MAUNA KEA KIAHA . . . Savor the taste of kahlua,
rum, coconut syrup and milk**

**MAUNA KEA NOI'I . . . Light and dark rum, pineapple juice
and a squeeze of fresh lime poured over crushed ice**

**BLUE HAWAII . . . The cool tall one -
pineapple juice, blue curaco, rum and vodka**

**PAHOEHOE . . . Rum, passion fruit juice and
grenadine, blended with crushed ice**

**COCONUT WILLIE . . . Coconut juice and
pineapple juice with milk and vodka**

**TROPICAL ITCH . . . Passion fruit juice, Jack Daniels
and dark rum poured over ice, topped with a 151 rum float**

**POLYNESIAN DAIQUIRI
A frozen swirl of rum, guava, lemon and grenadine**



K E I K I SELECTIONS

PEANUT BUTTER
AND JELLY SANDWICH
5.75

GRILLED CHEESE
SANDWICH
6.75
with Ham
7.25

FRESH FRUIT PLATTER
6.50

HOT DOG
5.75